

# Dedham Youth Soccer- 2023 Winter Training



- Starts Feb 19<sup>th</sup> – Every Sunday for 6 weeks at the Dedham Country Day- Main gym located at 90 Sandy Valley Road, Dedham, MA
- Registration is open at [www.dedhamsoccer.com](http://www.dedhamsoccer.com)
- **Your child MUST be registered to play Spring 2023 DYS Soccer in order to participate**
- Six (6) one-hour sessions for Grades 3-8= **\$60**
- Six (6) one-hour sessions for HS grades= **\$40** (all players age 18 and up during this timeframe must take safesport course and CORI background check)
- **Limited to the First 22 players registered in each group** (20 for HS ages) due to capacity limits at the Dedham Country Day Main Gym. Please commit to the sessions as this is limited entry
- Professional Soccer coach will run these session (Except HS ages- which will be run by DYS coaches)
- Format for grades 3 thru 8 will be: Skills for first 20 mins and scrimmage 40 mins of each session. HS Age will be scrimmage entire duration
- Due to capacity limits, this is a drop off/pick up session
- Must wear indoor sneakers with no black soles and NO CLEATS, Must wear shin guards, and bring a water bottle and a soccer ball
- Estimated Timeframes: (subject to change- need a minimum of 12 players registered per session)
  - Combined Grades
    - 3/4 Girls 1-2pm
    - 3/4 Boys 2-3pm
    - 5/6 Girls 3-4pm
    - 5/6 Boys 4-5pm
    - 7/8 Girls 5-6pm
    - 7/8 Boys 6-7pm
    - HS Girls 7-8pm
    - HS Boys 8-9pm
- Questions contact [dedhamsoccerpresident@gmail.com](mailto:dedhamsoccerpresident@gmail.com)

